

**AMENDMENTS TO CLAIMS**

Please amend claim 1 as follows;

**Claim 1(twice amended).** A golf practice system including a support, a line, a ball attached to one end of the line, the line fixed at its other end to the support, the line extending around a generally cylindrical energy absorption device between the ball and the fixed end so that frictional movement of the line around the cylindrical device absorbs kinetic energy of the struck ball, the system further includes a scale that indicates the length of travel of a ball in free flight when the ball is struck and a loop of the line juxtaposed adjacent the scale so that a reduction in the length of the loop, upon striking of the ball, provides an indication of the distance the ball would have traveled if struck in an unrestrained environment.

Cancel Claims 2,3 & 7 without prejudice.